



I feel sick, what should I do?

1. If you are experiencing flu like symptoms inform your instructor/supervisor/director immediately and **stay home**.
2. Call the Saskatchewan Health Line (811) for advice.
3. If you have been advised by Saskatchewan Health Line (811) to self-isolate, you are expected to self-isolate.

Staff:

- If you or a family member are being tested for or diagnosed with COVID-19, please inform your supervisor/director.
- Inform your supervisor if you are at higher risk of severe illness, (for example chronic health conditions) and take appropriate precautions to limit exposure.
- Inform your supervisor if you have traveled through a travel advisory area.

Staff will be supported without physician notes, but you need to contact your supervisor about your situation.

Students

- Contact your instructors.
- Appropriate accommodations will be made if you have to self-isolate.